IMPORTING REGIONS

With Opensim running, you can use the console to load an OAR file into the currently selected region.

Place the OAR file (e.g. my_region.oar) inside the bin folder of Opensim and then run the command:

```
load oar my_region.oar
```

If you have multiple regions and you want to select a specific one (e.g. region1) before loading the oar, you can use the command:
  change region region1

EXPORTING REGIONS

You can export a region as an OAR file with the following command:

```
save oar region1.oar
```

After running the command you can find the exported file (region.oar) inside the bin folder.

Follow the instructions of the previous section to import it in another Opensim installation.